

# Daycare Lunch Menus

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Drumsticks Mashed Potatoes Green Beans Apple Slices Milk	Beef & Bean Burrito Green Salad Diced peaches Milk	Canned tuna with light mayonnaise Steamed carrots Banana Wheat crackers Milk	Turkey sandwich (whole wheat bread) Carrot sticks Baked potato wedges Milk	Macaroni and Cheese Yogurt Peas and carrots Tropical fruit salad Milk
Week 2	Ground Beef Spanish Rice Green beans Diced Peaches Milk	Beef Franks & Bun Tater Tots Peas Applesauce Milk	Baked Parmesan Chicken Steamed broccoli Whole wheat roll Grapefruit Milk	Scrambled Eggs Hashbrowns Bell pepper slices Apple wedges Milk	Pizza- in-a-Pocket (pita bread with pepperoni & cheese) Green salad Apricot milk
Week 3	Beef Stew (beef and potatoes) Carrots w/ranch Grapes Milk	Ham & Cheese Kabobs Wheat roll Sliced cucumber Pineapple Milk	Sweet & Sour Chicken Steamed carrots Orange slices Steamed rice Milk	Toasted Cheese and Tomato Sandwich Yogurt Plum Milk	Chicken Nuggets Wheat roll Green beans Peach slices Milk
Week 4	Sweet & Sour Meatballs Steamed Rice Mixed Fruit Peas Milk	Hamburger on Bun Snap Peas Peaches Milk	Chicken Quesadilla Canned Corn Grapes Milk	Ham & Bean soup Cornbread Green salad Plums Milk	PB&J Sandwich Carrots sticks Pineapple Milk
Week 5	Chicken Stir-Fry (chicken with broccoli, snap peas, & bell peppers) Steamed Rice Peaches Milk	Whole grain waffle Turkey sausage Sliced Cucumber Strawberries Milk	Baked Chicken Potato wedges Cauliflower Grapefruit Milk	Tortilla Roll-Up (lunch meat & cheese) Black beans Whole Kernel corn Grapes Milk	English muffin pizza Pear halves Green beans Milk
Week 6	Spaghetti & meat sauce Green salad Orange slices Milk	Chicken & Rice Casserole Cauliflower Peaches Milk	Pork Chops Boiled Potatoes Peas & Carrots Watermelon Milk	Black bean and corn cheese quesadilla Low Fat yogurt Apple slices Milk	Grilled Cheese Sandwich with Ham Tomato Soup Mixed Berries Milk

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Week 7	Meatloaf Mashed Potatoes Broccoli Peaches Milk	Pancakes Hard boiled egg Potato wedges Plums Milk	Beef Stroganoff Broccoli Pears Milk	Chicken noodle soup French bread Apple slices Milk	Corn Dogs Cooked Carrots Fruit Cocktail Milk
Week 8	Barbecued Pork Ciabatta Roll Coleslaw Peaches Milk	Buttered Pasta with Bacon & Parmesan Green beans Grapes Milk	Baked Ham Mashed Potatoes Broccoli Mango slices Milk	Scrambled eggs English Muffin Cucumber Blueberries Milk	Peanut Butter Banana Sandwich Celery Sticks Strawberries Milk
Week 9	Tuna & Broccoli Frittata Hashbrowns Mixed Berries Milk	Turkey Kielbasa Vegetable Stir-fry Orange Slices Milk	Beef Lasagna Green Salad Pears Milk	Chicken Soft Taco Black Beans Fruit Cocktail Milk	Turkey Pita Sandwich Snap Peas Cantaloupe Milk
Week 10	Turkey Tetrizzini Peas Grapes Milk	Swedish Meatballs Egg Noodles Green Beans Peaches Milk	Stir-Fry Rice (rice, eggs, Ham) Cauliflower Apple Slices Milk	Chicken Fajitas (chicken with Bell peppers) Tortillas Applesauce Milk	Cheese Pizza Yogurt Carrot sticks Watermelon Milk
Week 11	Chilli Con Carne (beans, beef, vegetables) Cornbread Cantaloupe Milk	Chicken Patty on Bun Green Beans Plums Milk	Honey Ham Stuffing Whole Kernel Corn Orange Slices Milk	Orange Chicken Steamed Rice Cucumber Salad Peach slices Milk	Fish Sticks Tater Tots Kale Chips Apple Slices Milk
Week 12	Alfredo Pasta with Chicken & Peas Mango Slices Milk	Sliced Ham Wheat Crackers Cheese Slices Carrot Sticks Banana Milk	Teriyaki Chicken Steamed Rice Broccoli Apple Slices Milk	Turkey Sausage Hashbrowns Cucumber Mixed berries Milk	Bean & Cheese Burritos Green Salad Cantaloupe Milk